

THETA WAVE

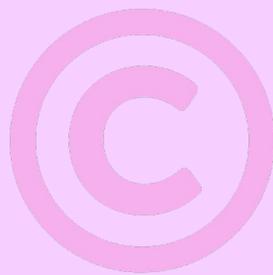


ORACLE

Companion Booklet



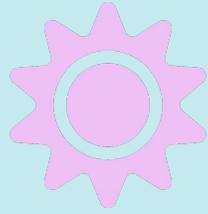
By: Mystikka Jade
Edited by: Leona Graves



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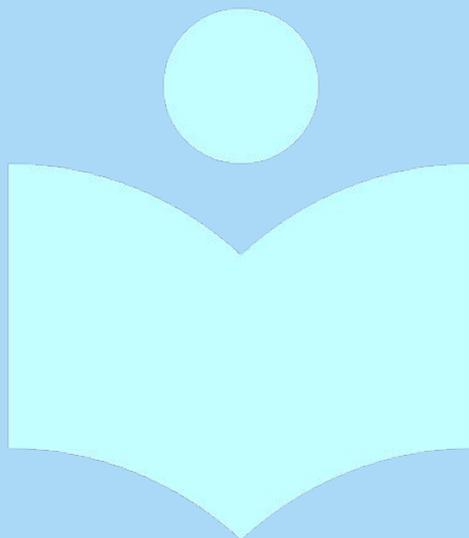
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INTRODUCTION

Theta Wave Oracle (TWO) is a limited edition, borderless, 50 card deck with rainbow reflective fronts. The art was created with original mixed-media by professional psychics Mystikka Jade and Leona Graves over the course of 3.5 years.

INSPIRATION

The Theta state is reached in deep relaxation, such as: advanced meditation or hypnosis, on the verge of falling asleep or waking up, or during light sleep. Theta is ideal for accessing the subconscious mind. Since psychic insight is received subconsciously before it becomes conscious, many intuitives experience precognition in the Theta brainwave frequency (4-7 cycles per second).

In the Theta Wave Oracle, we chose to represent our version of the dreamy, “between worlds” Theta state by combining elements of nature, modern industrialism, magick and vaporwave stylization.

SYMBOLISM

The symbolism in Theta Wave Oracle is straightforward and relatable, allowing for naturally intuitive interpretations. Contemporary imagery presents a grounded perspective. Enhanced atmospheres echo the physical world’s connection with Universal Energy and Creative Intelligence. The overall theme reinforces that messages can be found anywhere for those who are open.



LEARNING TWO

As one becomes familiar with the Theta Wave Oracle, it reveals itself as a tool and companion. The deck can be utilized for making decisions, gaining deeper insight into a situation, or predicting the future.

Conducting a reading:

- 1) Tune in by relaxing and quieting your mind.
- 2) Shuffle or mix the cards while concentrating on a precise question.
- 3) Cut the deck or skip this step.
- 4) Fan out the cards face down on the table.
- 5) Select cards with your intuition and place into a layout.
- 6) Turn over for the reveal.

Additional info:

During my psychic training, I was advised to pull cards with my non-dominant hand. My experience, however, has led me to believe in choosing with the right *or* left, whichever feels most comfortable.

One way to learn TWO is to draw a card soon after waking up. Observe the image and note the definition. Before bedtime, use the power of hindsight to reflect on how the selected card applies to the day's events. This exercise demonstrates some of the personal examples the oracle can mirror or foretell.

When dealing a layout with multiple cards, notice the whole picture. The combination of cards unveils a story beyond what each card would show as an individual component.

If your intuition interprets a card symbol differently than what the booklet definition states, go with it. I encourage you to develop your own relationship with and understanding of the TWO.



LAYOUTS

In this companion-booklet, I have chosen to present one and two-card layouts for the sake of simplicity. Any tarot or oracle layouts can be used with TWO. Numerous sources are available for learning various spreads and you can also make up your own.

THE 1 CARD LAYOUT

A one card reading is the primary layout for beginners, since it's the most direct way to divine an answer. Draw a single card from the deck and intuit a meaning as it relates to the question.



THE TWO LAYOUT

The TWO layout is a one-card reading with an additional card pulled for elaboration and clarification. The second card influences and expands the story of the first.



TWO CARD DEFINITIONS

Adversity - If there is no way to get around an issue, move *through* it. Hardship can be a time of profound character building, lesson learning and karmic healing. Despite challenging circumstances, a light at the end of the tunnel is revealed. May indicate a warning to proceed with caution.

Agreement - Strike a fair deal to benefit parties involved. Verbal or written contracts may require bargaining. Unification of efforts increases the likelihood of attaining a positive outcome. Seek connections through assessing similarities of values and goals.

Ascension - Move up the path of life-purpose, one step at a time. Beneficial choices and personal development go hand in hand. Releasing obsolete ideas or habits makes room for higher-vibrational manifestations. Promotion or achievement is in the atmosphere.

Ask - At times, getting the knowledge we seek is a matter of fine-tuning questions to be as specific as possible. Conducting additional research or directly requesting information from a source may be the most productive way to get answers. Remove inner blockages by keeping an open mind and letting go of expectations. Understanding is an evolution and continuum.

Banish - The witch's broom sweeps away negative energy for the purpose of psychic protection. Expel a toxic influence or hostile person that interferes with well-being, growth, or success. Purify the home environment with sage or good old-fashioned cleaners.

Breakthrough - Progress is sometimes made with little effort; through luck or outside assistance. Other times, it takes focus, determination and bold, swift action to break down walls and obstacles. Defenses crumble; cracks in armor reveal the truth. Minor revelations accumulate and lead to a deeper understanding.

Change - Tap into the grace of the butterfly. Adapt to cycles, phases and transformations by flowing with the currents. Transitions are one of the only constants in life. Stay resilient by embracing new beginnings.

Comfort - A cozy space, perhaps with a warm fireplace, simple snack and good book or film, fosters a welcome reprieve from the daily grind. Invite a companion to share the chill mood. Retain the solace of a happy place by indulging in moderation.

Communication - Verbal or written contact is initiated or continued. Although intentions are to understand and be understood, wires may get crossed. Details matter; thoroughly express an idea to echo accurate sentiments.

Completion - Tie up loose-ends from the past. If seeking resolution from a noncompliant individual, remember that closure often happens inwardly. Endings may clear what does not suit this stage of life. Strive to accept the temporary state of all things.

Cornered - When put into an uncomfortable position where boundaries are being infringed on, check within, beyond fight or flight responses. Slow down and think through solutions rather than reacting to fear or intimidation. Be cool under pressure to avoid mistakes resulting from panic.

Creativity - Bring ideas and inspiration to fruition by following vision with action. Express an authentic voice to go beyond trends. Combine design and function. Might represent fertility of a physical or artistic nature.

Curiosity - Discovery awaits beyond the doorway. An intriguing prospect sparks the desire for new experiences or surroundings. Pursuing a hobby, solving a mystery, or exploring an altered state of consciousness may call to the soul. Conduct investigations and experiments with care. Some temptations lead to trouble.

Decisions - Weigh two or more options by objectively assessing the possible benefits and consequences of each. An expert or another confidant could contribute a fresh perspective. To choose wisely, balance reason with emotion.

Defenses - Few battles are won through impulsive confrontation. People erect walls to protect themselves from difficult emotions or experiences. Respecting another individual's boundaries can lead to more trust. Meeting opposition and obstruction with graceful diplomacy makes interactions smoother. Recognize and release restricting internal dialogue.

Depth - Convene with the higher mind through honest self-reflection. To see hearts and souls, look past materialism and physicality. Study and gain direct, tactile experience in order to master a subject.

Dream - Spiritual and emotional bonds are explored on the Astral Plane without material world restrictions. Fantasy sparks inspiration and enhances desire. Visualization makes wishes clearer. Excessive daydreaming, however, can become a diversion from important tasks and tangible relationships.

Escape - During an energetic burn-out, sitting in the cozy and comfortable chair apart from the world feels favorable to dealing with the drama, opinions and needs of other people. Take necessary space and time to recover. However, monitor the tendency to withdraw, intoxicate, or isolate in the face of difficulty.

Freeze - If unable to make progress, perhaps it is time to be still. Take time to fully analyze a situation before making a move. Rigid, dogmatic thinking or grudge-holding may interfere with the ability to feel or express compassion.

Game - A lighthearted approach buffers tension among competitive individuals. Craft a thoughtful strategy before tackling an endeavor. Abide by standards of sportsmanship; graciously accept losses or celebrate wins. Come together as a team to succeed.

Growth - A life path blooms like the flowering tree. All beings perpetually learn and spiritually evolve. Moving through discomfort leads to greater possibilities. Develop long-term plans. The journey is sometimes more valuable than the outcome.

Happiness - Joy abounds and wishes are fulfilled! Pay attention to innate enthusiasm and that which pleases the senses. A cheerful disposition spreads positivity. Laughter heals. An attitude of gratitude attracts more blessings.

Harmony - Cooperation, consideration, flexibility and diplomacy lead to peace and stability. Shared goals and interests form friendships. Play some inspirational music for an elevated perspective.

Haunted - Unresolved energies lead to uncertainty or frustration. Frenetic thoughts contribute to anxiety. Residual or intelligent paranormal phenomena may trigger vulnerability. Some ghosts, however, are neutral or even friendly.

Insight - Details regarding motivations, strengths, weaknesses and methods of operation reveal themselves. In order to see a greater point of view, reach beyond the limits of a solely personal perspective. Guidance comes in many forms; keep an eye out for signs, symbols, and synchronicities. Intuition lights the way.

Integrity - A deeply rooted sense of peace can function as a barometer for authentic and pure intentions. Acting in the best interest of all will sometimes spawn enemies; better vibrational matches may also enter. Delivering on promises helps protect reputation. Respect life in all of its expressions.

Invitation - A proposal arrives for a date, event, or gathering. There may be a birthday, engagement, reunion, wedding, anniversary, graduation, baby shower, or pertinent announcement. An open heart or home offers hospitality. Staying receptive to social opportunities increases chances for fun and connection.

Journey - An excursion reveals wisdom about the world and self. Relocation, extended travel, or long-term educational aspirations require devoted effort. Pursue a plan or continue an ongoing project using available assets to reach the next stop along the way. Let go of the past and look forward to what the future has to offer.

Layers - A matter could be more complex than what it seems. Surfaces fade over time, revealing more comprehensive pictures. The unveiling process may be interesting, educational, or amusing. Examine the fine-print to uncover any hidden details or loopholes.

Listen - Messages from the Universe are being broadcast through people or repeated occurrences. Signs may be dismissed, or evidence pushed away. Slow down, quiet the mind and pay attention to receive important guidance from life's patterns.

Love - Love embodies a variety of forms, one being a profound connection that brings forth a desire for devotion or intimacy. Some individuals are slower to trust as a result of painful past experiences. Thankfully, the soul of the human heart is strong enough to heal from multiple breaks. Radiate compassion by expanding the Anahata Chakra. Express the passion within.

Luck - Throughout cultures worldwide, there are mixed opinions on whether black cats represent good or bad fortune. We believe felines in all shades are a blessing. Favorable outcomes result from being in the right place at the right time. It might be worth the risk to take an educated gamble.

Magick - Crystal work, divination and other forms of witchery assist with materializing wishes. Harness the powers of Divine Order, intention, creativity, planning and action to manifest goals. Enhance spellwork by creating or adding to an altar or sacred space.

Nurture - Rejuvenate the mind and body with baths, herbs, oils and potions. Feng Shui creates an ambience of zen. Maternal energy thrives by caring for oneself, family, friends and the surrounding environment. Reconvene with the Earth.

Opportunity - Ample parking is available for a limited time; move without delay to snag a desired space. To achieve or expand upon success, be prepared to execute necessary tasks. Stay on the lookout for potential prospects.

Patience - The hands of a clock seem to move slowly when observed. On the Other Side, there is no time; the Universe has its own Divine flow. Hasty action may sabotage progress. Let go of attachment to the outcome and take it day-by-day to allow issues to reach a natural conclusion or solution.

Perseverance - A rose rises up through piles of rubble to thrive and blossom. For tangible results, maintain a laser focus on ambitions and press forward in spite of interruptions or other distractions. True love grows stronger when overcoming trials and tribulations in a relationship.

Playtime - The inner child wants to let loose and have fun! Enjoy a festive day at a carnival, miniature golf course, theme park, concert, movie, or club. Goofing around relieves stress. Get revitalized by taking a reasonable amount of time off.

Recognition - Forces of star power and magnetism are at play. Talents, efforts, or achievements are acknowledged and applauded. Appreciation for strengths builds confidence. The awareness of weakness encourages humility and allows for the implementation of beneficial changes. Rise above approval seeking and idolization.

Restock - Take inventory about the areas of life which need TLC. Make time for neglected relationships, projects, or spiritual and physical concerns. Accumulate any tools and supplies necessary to meet objectives.

Reward - Attain a financial blessing, notable benefit, or promotion either through carefully directed effort or hard work. Enjoy the satisfaction of a job well done. Perhaps an investment yields a return. The Universe is abundant, needs are met.

Structure - Evaluating the current system uncovers areas in need of improvement. To maximize productivity, establish and stick to schedules, routines, or lists. Automating and delegating tasks frees up energy to spend on high-priority items. Maintain a job, project, relationship, or goal through organization and self-discipline. Today's effort lays the groundwork for a payoff later on.

Survival - Listen to the land to learn how to make use of its resources. Before taking action, observe the dispositions of others. Improve on safety by securing the personal environment. Frugality helps with financial difficulties. Find gratitude for the simplest of positive circumstances and trust the Universe to provide.

Treat - A luxurious gift or sweet surprise arrives unexpectedly. Lift the spirit with a fancy meal, day at the spa, or another elegant indulgence. Spruce up the place with fresh flowers or updated decor.

Trick - Not all is what it appears to be. Alluring temptations might contain hidden traps or treachery. Beware of swindlers, cons and self-deceit. On the lighter side, a touch of mischief serves as stress relief.

Undulation - Although an ebb and flow is common in life, more severe ups and downs can provoke insecurity. Mixed-messages create confusion. If not yet ready to make a decision, take time to gather more information.

Unplugged - If in need of repair like the television, go back to nature for a catharsis. Connecting fully with oneself could require disconnecting from an outside source. Take a break from technology, chaos, or scandal to help turn down external noise and hear the inner voice.

Vacation - The soul craves a change of scenery. An exotic trip, weekend getaway, or day out in a neighboring town refreshes the senses. If more convenient, consider a 'staycation.' Find a relaxing place to unwind.

Vitality - Honor wellness with good food, exercise and rest. Maintaining a healthy lifestyle builds necessary stamina to meet demands of work, education, or relationships. A positive mental attitude exudes and attracts high-vibrational energy.

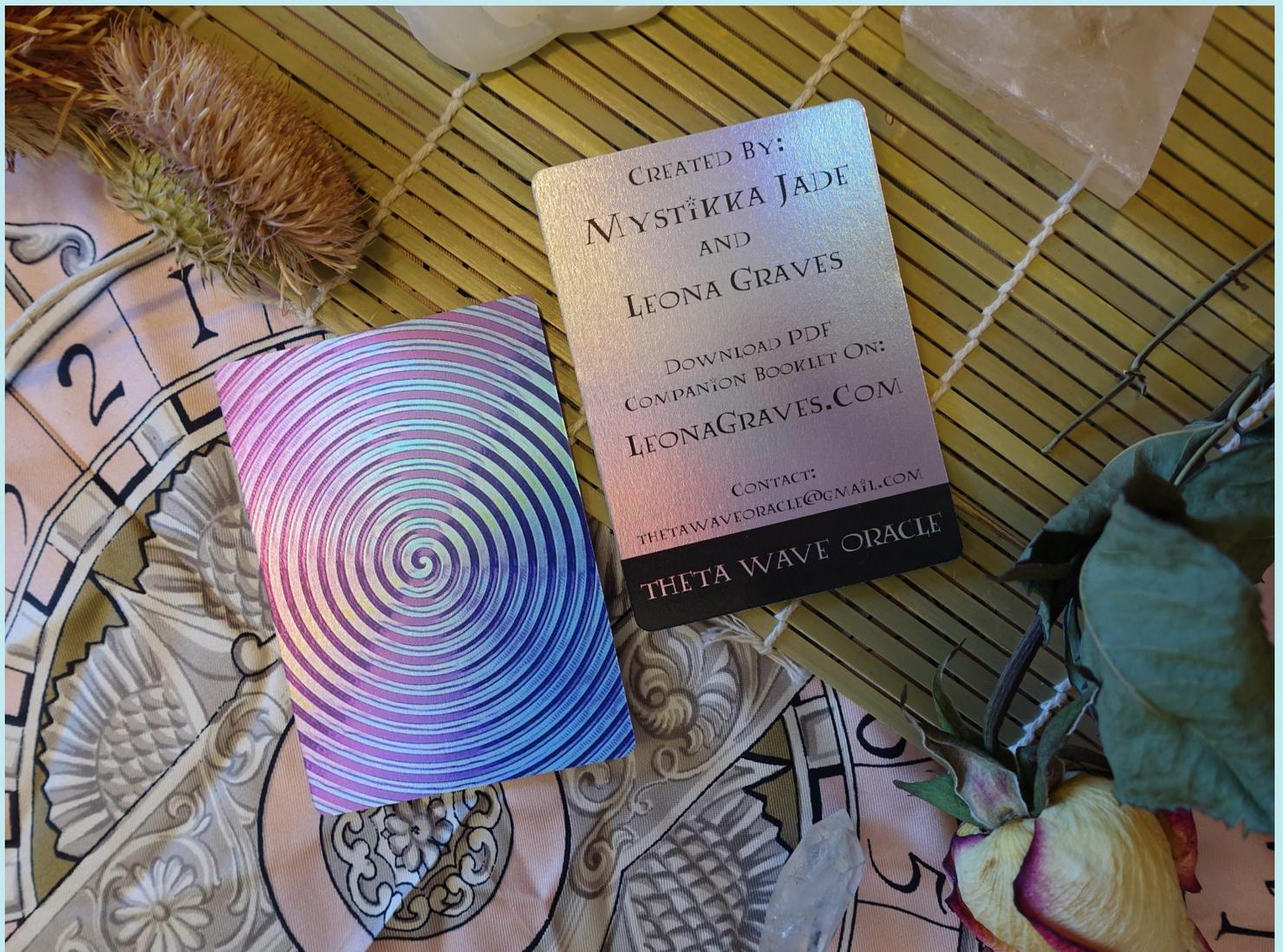
Zero Point - Simplicity beckons. Go back to the basics by focusing on fundamental truths. One or more ideas might benefit from being reworked. Recover missed information by retracing steps. Reviewing personal history deepens self-awareness. Connect with the oneness of All That Is.

BONUS CARDS

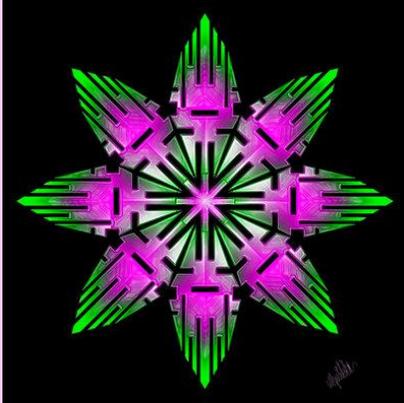
Title Card

Brain Waves / States of Consciousness - We omitted Gamma, which is not accessed in meditation or hypnosis.

Hypnosis Spiral - This one can be removed and used for decorative or meditative purposes. Feel free to keep it in the deck as a wild card!



ABOUT THE CREATORS OF TWO



MYSTIKKA JADE

Mystikka “Mysti” is a multi-sensory psychic and tarot/oracle reader, specializing in karmic relationship dynamics, whose career spans 25 years. She is the author of the *Love Crisis Survival Guide* and *Peace in Color: An Art Journey*. She produced and hosted *MetaCreative Radio* and published *MetaCreative Magazine*. Mystikka is also a certified hypnotist, NLP Practitioner and Life Coach, as well as a theatrical paranormal soundscape designer for over 40 haunted attractions worldwide.

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LEONA GRAVES



Leona is a clairvoyant tarot/oracle reader, claircognizant and dream interpreter with a worldwide clientele. With a bachelor’s degree in psychology, her understanding of archetypal imagery provides an analytical approach to her readings. Reader at the *Sedona Psychic Fair*. Leona has established a 5-star rating across various global networks.

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